Charlie's Kitchen

# Charlie's daily planner

| | ONTBIJT | SNACK | LUNCH | SNACK | DINER | WORKOUT/RELAX |
|---|---|---|---|---|---|---|
| MAANDAG | | | | | | |
| DINSDAG | | | | | | |
| WOENSDAG | | | | | | |
| DONDERDAG | | | | | | |
| VRIJDAG | | | | | | |
| ZATERDAG | | | | | | |
| ZONDAG | | | | | | |

## BOODSCHAPPENLIJST

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